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# Wild And Free: A Hope-Filled Anthem For The Woman Who Feels She Is Both Too Much And Never Enough



## Synopsis

For all the fullness of God available to His daughters, we often feel limited by two defining insecurities: "I am too much," and "I am not enough." Co-authors and best friends Jess Connolly and Hayley Morgan have felt the same, until one essential question turned the tables on it all: If God is wild and free and he created women, what does this mean for us today? *Wild and Free* is an anthem and an invitation in equal parts to find freedom from the cultural captivity that holds us back, and freedom to step into the wild and holy call of God in our lives. With fresh biblical insight tracing all the way back to Eve and a treasury of practical application, Jess and Hayley reveal how women today can walk in the true liberty we already have in Jesus. Because you don't have to be everything to everyone. You don't have to try so hard to button it up and hold it together. And you certainly don't have to quiet the voice that God gave you when he created you to sing. *Wild and Free* will help you shake off the lies of insecurity in your life, and step forward to maximize your God-given influence for his glory and the world's good.

## Book Information

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## Customer Reviews

"A hope-filled anthem for the woman who feels she is both too much and never enough." This book had me at its tagline. As a "spiritual-but-not-exactly-Christian" woman, I hesitated as to whether or not I should read it. In the end, I am so grateful to have followed the gentle nudging of my heart toward this book and its message. Let's be clear: this is a Christian book -- written by Christian women, for Christian women. And, while I have recently followed the gentle tug of my

heart to explore the Christian faith, I don't know that I could honestly or accurately call myself a Christian. As a non-Christian, I read this book knowing that I am not the intended reader - and that my interpretation of its message may differ from that intended by the authors. In my fledging exploration of Christianity, I will admit that I found myself stumbling around some of the language used throughout this book. The authors define WILD as: walking in who God made us to be and FREE as: resting in what Jesus has done for us. I still struggle to fully understand or accept this definition of FREE. Even so, I cannot help but express that the message underlying this book is such a beautiful call: one of turning away from the limiting stories of the dominant culture, and instead surrendering our lives to the call that has been placed in our hearts: to share our gifts in service and as an expression of God. Jess and Haley share so openly their own struggles and wrestling with feeling both too much and not enough, a theme I believe all women in this culture can relate to. I found their heartfelt stories of struggle and surrender so comforting and encouraging. The book's tagline is not an empty declaration: this book is, in fact, a hope-filled anthem.

Jess Connolly and Hayley Morgan (authors of *Wild and Free*) dug into my brain, made me realize my thoughts are keeping me captive, and retold the Gospel story in a language my heart craves. Jess and Hayley put to words the feelings so many women have: being both too much and not enough. We have big feelings, big passions and big dreams. However, we fear getting the pious side eye from the Christian community if we let loose and put them on full display. At the same time, we want to be the model woman/wife/mother but always feel like we come up short. Each chapter of *Wild and Free* is chock full of wisdom. This is the first book I've read in a long time with highlighter in hand. I think half my book is yellow! Format-wise, the co-authors of the book alternate writing chapters. The end of each chapter offers a response from the other author and a prayer. I typically quickly skim through non-fiction books. *Wild and Free* will have none of that! I recommend a slow and methodical read. The Biblical truths laid out in each chapter are rich and require (at least for me) reflection to sink in. Some of my favorite quotes: "Feeling too much, feeling not enough - these are two sides of the same coin. They both limit us as women created to live wild and free." "He knows you are the most you when you're living out the calling He has given you." "Living as a wild daughter of the King is not a level to achieve; it's a freedom we all currently possess." I had the pleasure of meeting Jess and Hayley at their Influence Conference and hear them speak. These women's hearts for commissioning a generation of women is so infectious and inspiring!

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